

Crisis Resources

Trans Lifeline
(866) 565-8860
translifeline.org

LGBT National Hotline
(888) 843-4564
lgbthotline.org

Thrive Lifeline
(313) 662-8209
call or text 'THRIVE' to this number
thrivelifeline.org

LGBT National Youth Talkline
(800) 246-7743
**Check websites for private and secure chat rooms

For Parents/Families

The Transgender Teen
Book by Stephanie Brill and Lisa Kenney

The Gender Creative Child
Book by Diane Ehrensaft, PhD

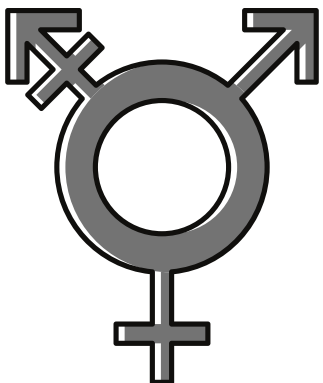
Transgender 101
Book by Nicholas M. Teich

Transgender Family Handbook
www.thecut.com/article/trans-kids-parenting-tips-families.html

Growing Up Trans
Documentary on PBS
https://www.pbs.org/wgbh/frontline/documentary/growing-up-trans/

PFLAG's Resource Database
https://pflag.org/find-resources/

Transgender Resources for Kids, Teens, Friends, and Family



-Blurry (they/he)

Together we can keep each other safe and push for a more kind and loving world.

Do not let anyone put out your light. Do not let anyone clip your wings. Your joy and pride makes you strong. Stay alive.

Being transgender is a gift. It is self love in its most powerful, most beautiful form.

For Teens

Beyond the Gender Binary
Book by Alok Vaid-Menon

Young Queer America
Book by Maxwell Poth

Trans+
Book by Kathryn Gonzales, MBA and Karen Rayne, PhD

I am Jazz
Documentary Series on Discovery+

The Owl House
Animated Series on Disney+

Dead End: Paranormal Park
Animated Series on Netflix

Real Queer America
Book by Samantha Allen
Documents queer joy in red states.

MPJI Resource Map
https://marshap.org/resource/
Resources by state, specifically catering towards black trans and GNC people.

Digital Transgender Archive
digitaltransgenderarchive.net
Online archive documenting trans history and other academic materials.

U.S. Trans Survey
ustranssurvey.org
Comprehensive report on trans people and experiences in the U.S.

General Resources

For Kids

Nimona

Animated Action/Comedy Movie on Netflix

Steven Universe

Animated Series on Cartoon Network

My Princess Boy

Children's Book by Cheryl Kilodavis and Suzanne Desimone

Red

Children's Book by Michael Hall

Transgender Legal Defense & Education Fund
transgenderlegal.org
Fights for trans policy and helps with legal name changes.

Lambda Legal
lambdalegal.org/
Volunteer lawyers fighting for LGBT rights.

Sylvia Rivera Law Project
srlp.org
Help with name changes, IDs, immigration, and more.

Transgender Law Center
transgenderlawcenter.org
Fighting for trans-inclusive laws and policies.

Legal Services

HOW TO MAKE A ZINE

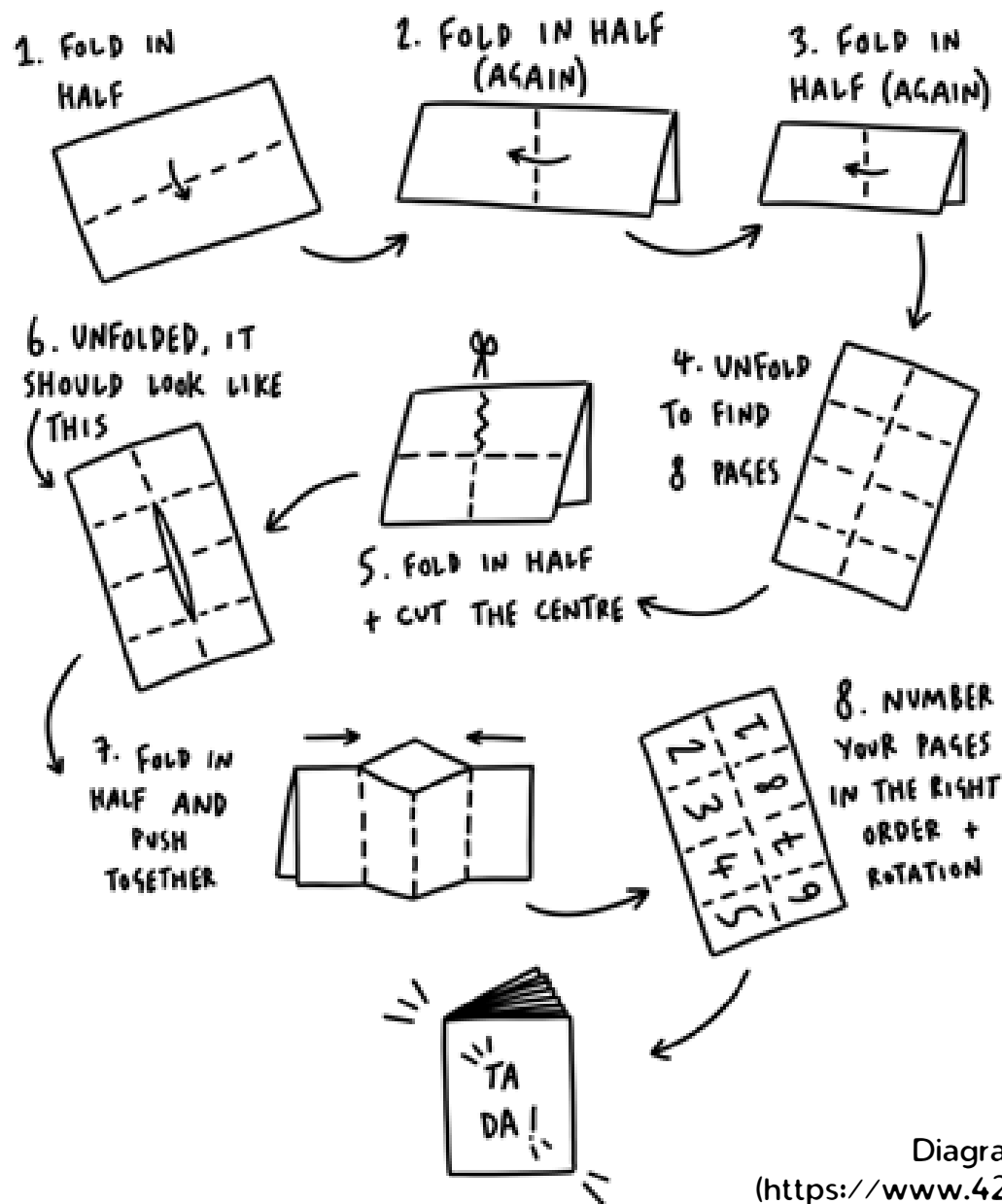


Diagram by Daisy Wakefield
(<https://www.42ndstreet.org.uk/support/read/how-to-make-your-own-zine/>)