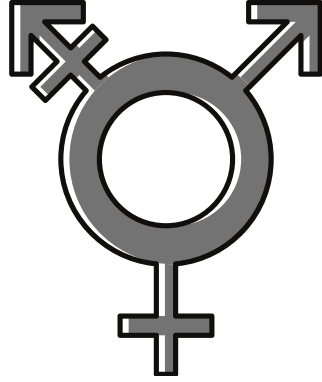


# Transgender Resources for Kids, Teens, Friends, and Family



Being transgender is a gift. It is self love in its most powerful, most beautiful form.

Do not let anyone put out your light. Do not let anyone clip your wings. Your joy and pride makes you strong. Stay alive.

Together we can keep each other safe and push for a more kind and loving world.

-Kadin (they/he)

## General Resources

U.S. Trans Survey  
ustranssurvey.org

Comprehensive report on trans people and experiences in the U.S.

Digital Transgender Archive  
digitaltransgenderarchive.net  
Online archive documenting trans history and other academic materials.

MPJI Resource Map  
<https://marshap.org/resource/>  
Resources by state, specifically catering towards black trans and GNC people.

Real Queer America  
Book by Samantha Allen  
Documents queer joy in red states.

## Legal Services

Transgender Law Center  
transgenderlawcenter.org  
Fighting for trans-inclusive laws and policies.

Sylvia Rivera Law Project  
srlp.org  
Help with name changes, IDs, immigration, and more.

Lambda Legal  
lambdalegal.org/  
Volunteer lawyers fighting for LGBT rights.

Transgender Legal Defense & Education Fund  
transgenderlegal.org  
Fights for trans policy and helps with legal name changes.

\*\*Check websites for private and secure chat rooms

LGBT National Youth Talking Line  
(Youth Serving Youth)  
(800)246-7743

Thrive Lifeline  
(313)662-8209  
call or text 'THRIVE' to this number  
thrive@lifelife.org

LGBT National Hotline  
(888) 843-4564  
lgbthotline.org

Trans Lifeline  
(866) 565-8860  
trans@lifelife.org

## Crisis Resources

The Transgender Teen  
Book by Stephanie Brill and Lisa Kenney

The Gender Creative Child  
Book by Diane Ehrensaft, PhD

Transgender 101  
Book by Nicholas M. Teich

Transgender Family Handbook  
[www.thecut.com/article/trans-kids-parenting-tips-families.html](http://www.thecut.com/article/trans-kids-parenting-tips-families.html)

Growing Up Trans  
Documentary on PBS  
<https://www.pbs.org/wgbh/frontline/documentary/growing-up-trans/>

PFLAG's Resource Database  
<https://pflag.org/find-resources/>

## For Parents/Families

Beyond the Gender Binary  
Book by Alok Vaid-Menon

Young Queer America  
Book by Maxwell Poth

Trans+  
Book by Kathryn Gonzales, MBA and Karen Rayne, PhD

I am Jazz  
Documentary Series on Discovery+

The Owl House  
Animated Series on Disney+

Dead End: Paranormal Park  
Animated Series on Netflix

## For Teens

Nimona  
Animated Action/Comedy Movie on Netflix

Steven Universe  
Animated Series on Cartoon Network

My Princess Boy  
Children's Book by Cheryl Kilodavis and Suzanne Desimore

Red  
Children's Book by Michael Hall

## For Kids

# HOW TO MAKE A ZINE

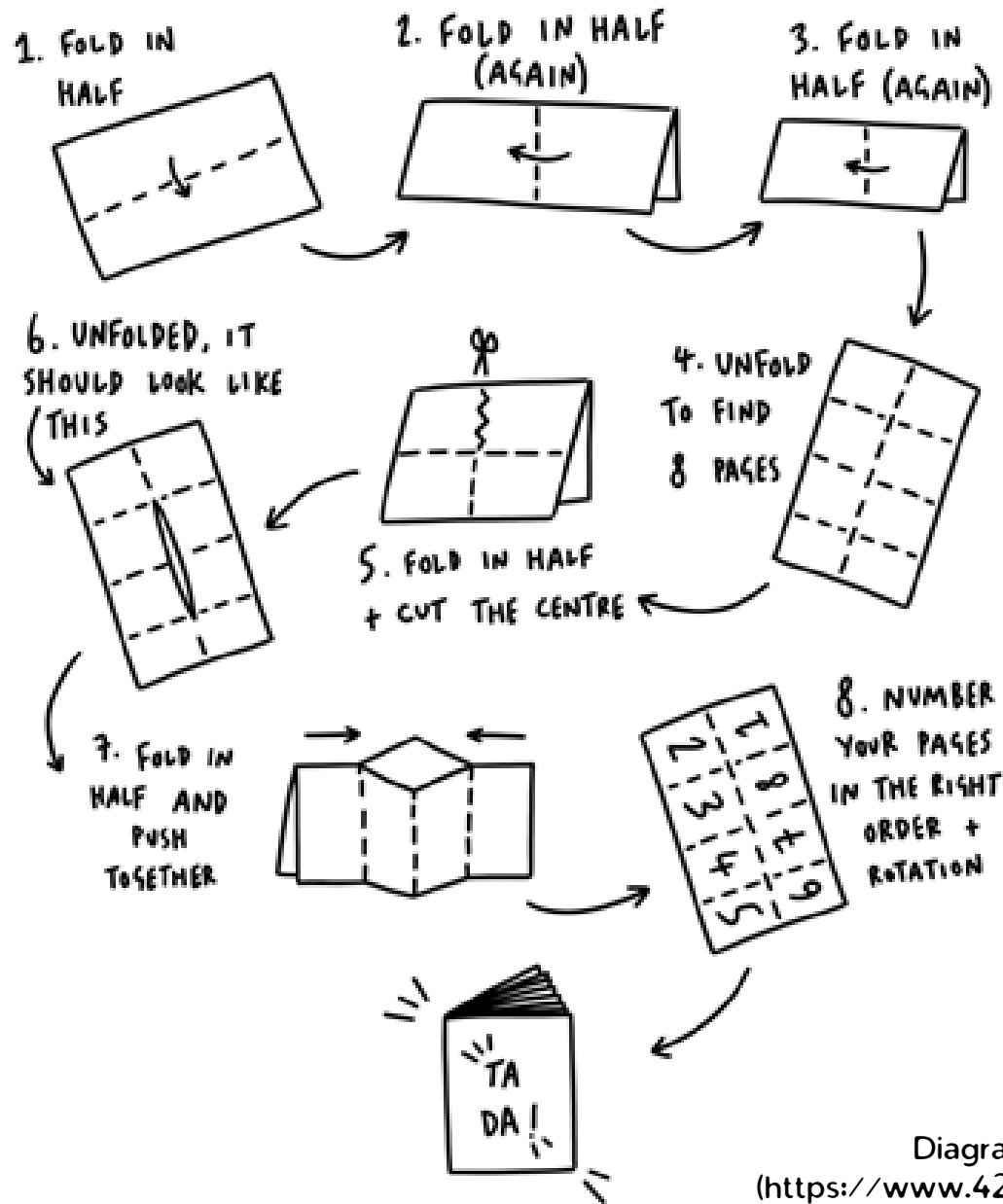


Diagram by Daisy Wakefield  
(<https://www.42ndstreet.org.uk/support/read/how-to-make-your-own-zine/>)